

# FSC 2026: Session: 1: COACH evaluation sheet for TEAM: BRABO

Coachinfo: Warming up from: 08:00 until 09:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Hoffmann Serge HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

**Event number: 1: 100M BUTTERFLY MEN** **Heat:2, starttime: 09:32**

**Heat: 2/9 Lane : 4 Athlete: OPDENBERGH MERLIJN** **Q-time: 01:02:68**

**PB (50m pool): 01:02.68 Antwerpen 27/07/2025** **PB (25m pool): 01:02.28 SB: 01:04.04 Luxembourg 01/02/2026**

	<b>5 0 M</b>	<b>1 0 0 M</b>	
<b>PB</b>	00:28.27	01:02.68	
	<i>00:28.27</i>	<i>00:34.41</i>	
	. . . . .	. . . . .	

Coach feedback:

**Event number: 1: 100M BUTTERFLY MEN** **Heat:2, starttime: 09:32**

**Heat: 2/9 Lane : 5 Athlete: BRACKE ERNO** **Q-time: 01:02:98**

**PB (50m pool): 01:02.98 Lago Gent Rozebroeken 04/05/2025** **PB (25m pool): 00:59.61 SB: no time**

	<b>5 0 M</b>	<b>1 0 0 M</b>	
<b>PB</b>	00:28.61	01:02.98	
	<i>00:28.61</i>	<i>00:34.37</i>	
	. . . . .	. . . . .	

Coach feedback:

**Event number: 1: 100M BUTTERFLY MEN** **Heat:5, starttime: 09:36**

**Heat: 5/9 Lane : 3 Athlete: SZABO PETER** **Q-time: 00:59:41**

**PB (50m pool): 00:59.41 Wezenberg 03/01/2026** **PB (25m pool): 00:59.41 SB: 00:59.41 Wezenberg 03/01/2026**

	<b>5 0 M</b>	<b>1 0 0 M</b>	
<b>PB</b>	00:27.90	00:59.41	
	<i>00:27.90</i>	<i>00:31.51</i>	
	. . . . .	. . . . .	

Coach feedback:

# FSC 2026: Session: 1: COACH evaluation sheet for TEAM: BRABO

<b>Event number: 1: 100M BUTTERFLY MEN</b>		<b>Heat:6, starttime: 09:38</b>
<b>Heat: 6/9 Lane : 5 Athlete: DE MEYER NIELS</b>		<b>Q-time: 00:58:58</b>
PB (50m pool): 00:56.65 Antwerp 21/01/2024		PB (25m pool): 00:56.76 SB: 00:58.58 Wezenberg 01/02/2026
	<b>5 0 M</b>	<b>1 0 0 M</b>
PB	no time	00:56.65
	<i>no time</i>	
	. . . . .	. . . . .

Coach feedback:

<b>Event number: 1: 100M BUTTERFLY MEN</b>		<b>Heat:8, starttime: 09:41</b>
<b>Heat: 8/9 Lane : 8 Athlete: VANHAMEL YONAS</b>		<b>Q-time: 00:58:24</b>
PB (50m pool): 00:58.24 Antwerpen 27/07/2025		PB (25m pool): 00:56.17 SB: 00:58.55 Wezenberg 01/02/2026
	<b>5 0 M</b>	<b>1 0 0 M</b>
PB	00:27.08	00:58.24
	<i>00:27.08</i>	<i>00:31.16</i>
	. . . . .	. . . . .

Coach feedback:

<b>Event number: 1: 100M BUTTERFLY MEN</b>		<b>Heat:9, starttime: 09:42</b>
<b>Heat: 9/9 Lane : 5 Athlete: VAN HOOYDONCK VINCENT</b>		<b>Q-time: 00:54:45</b>
PB (50m pool): 00:54.45 Antwerpen 27/04/2025		PB (25m pool): 00:53.12 SB: no time
	<b>5 0 M</b>	<b>1 0 0 M</b>
PB	00:25.29	00:54.45
	<i>00:25.29</i>	<i>00:29.16</i>
	. . . . .	. . . . .

Coach feedback:

<b>Event number: 2: 100M BUTTERFLY WOMEN</b>		<b>Heat:1, starttime: 09:44</b>
<b>Heat: 1/5 Lane : 5 Athlete: VAN LAARHOVEN ALESSIA</b>		<b>Q-time: 01:10:05</b>
PB (50m pool): 01:10.05 Wezenberg 01/02/2026		PB (25m pool): 01:10.74 SB: 01:10.05 Wezenberg 01/02/2026
	<b>5 0 M</b>	<b>1 0 0 M</b>
PB	00:32.51	01:10.05
	<i>00:32.51</i>	<i>00:37.54</i>
	. . . . .	. . . . .

Coach feedback:

# FSC 2026: Session: 1: COACH evaluation sheet for TEAM: BRABO

<b>Event number: 2: 100M BUTTERFLY WOMEN</b>		<b>Heat:2, starttime: 09:46</b>	
<b>Heat: 2/5 Lane : 6 Athlete: GENBRUGGE ÉLÉA</b>		<b>Q-time: 01:09:12</b>	
PB (50m pool): 01:08.17 Antwerpen 08/03/2026		PB (25m pool): 01:08.19 SB: 01:08.17 Antwerpen 08/03/2026	
	<b>50 M</b>	<b>100 M</b>	
PB	00:31.34	01:08.17	
	00:31.34	00:36.83	
	.....	.....	

Coach feedback:

<b>Event number: 2: 100M BUTTERFLY WOMEN</b>		<b>Heat:3, starttime: 09:48</b>	
<b>Heat: 3/5 Lane : 2 Athlete: BROECKAERT NOA</b>		<b>Q-time: 01:06:23</b>	
PB (50m pool): 01:06.23 Antwerpen 27/07/2025		PB (25m pool): 01:04.94 SB: 01:08.55 Luxembourg 01/02/2026	
	<b>50 M</b>	<b>100 M</b>	
PB	00:30.63	01:06.23	
	00:30.63	00:35.60	
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Coach feedback:

<b>Event number: 2: 100M BUTTERFLY WOMEN</b>		<b>Heat:4, starttime: 09:49</b>	
<b>Heat: 4/5 Lane : 7 Athlete: MAERVOET MARIE</b>		<b>Q-time: 01:06:57</b>	
PB (50m pool): 01:03.05 Antwerpen 28/07/2024		PB (25m pool): 01:03.91 SB: no time	
	<b>50 M</b>	<b>100 M</b>	
PB	no time	01:03.05	
	no time		
	.....	.....	

Coach feedback:

<b>Event number: 3: 200M BACKSTROKE MEN</b>			<b>Heat:2, starttime: 09:56</b>	
<b>Heat: 2/5 Lane : 1 Athlete: HEYRMAN TIGO</b>			<b>Q-time: 02:21:26</b>	
PB (50m pool): 02:17.72 Lago Gent Rozebroeken 07/05/2023			PB (25m pool): 02:09.96 SB: 02:21.26 Wezenberg 01/02/2026	
	<b>50 M</b>	<b>100 M</b>	<b>150 M</b>	<b>200 M</b>
PB	no time	no time	no time	02:17.72
	no time			
	.....	.....	.....	.....

Coach feedback:

# FSC 2026: Session: 1: COACH evaluation sheet for TEAM: BRABO

<b>Event number: 3: 200M BACKSTROKE MEN</b>				<b>Heat:2, starttime: 09:56</b>	
<b>Heat: 2/5 Lane : 2 Athlete: BAHLOULA NAEL</b>				<b>Q-time: 02:20:98</b>	
PB (50m pool): 02:28.12 Antwerpen 28/07/2024			PB (25m pool): 02:20.25 SB: no time		
	<b>50 M</b>	<b>100 M</b>	<b>150 M</b>	<b>200 M</b>	
PB	no time	no time	no time	02:28.12	
	<i>no time</i>				
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 3: 200M BACKSTROKE MEN</b>				<b>Heat:4, starttime: 10:03</b>	
<b>Heat: 4/5 Lane : 2 Athlete: GORIS RUBEN</b>				<b>Q-time: 02:14:26</b>	
PB (50m pool): 02:14.26 Antwerpen 27/07/2025			PB (25m pool): 02:13.66 SB: 02:15.12 Wezenberg 01/02/2026		
	<b>50 M</b>	<b>100 M</b>	<b>150 M</b>	<b>200 M</b>	
PB	00:30.98	01:05.22	01:39.83	02:14.26	
	<i>00:30.98</i>	<i>00:34.24</i>	<i>00:34.61</i>	<i>00:34.43</i>	
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Coach feedback:

<b>Event number: 3: 200M BACKSTROKE MEN</b>				<b>Heat:4, starttime: 10:03</b>	
<b>Heat: 4/5 Lane : 6 Athlete: VOLDERS ARNE</b>				<b>Q-time: 02:10:01</b>	
PB (50m pool): 02:10.01 Antwerpen 27/07/2025			PB (25m pool): 02:03.82 SB: 02:13.03 Antwerpen 08/03/2026		
	<b>50 M</b>	<b>100 M</b>	<b>150 M</b>	<b>200 M</b>	
PB	00:29.67	01:02.60	01:36.60	02:10.01	
	<i>00:29.67</i>	<i>00:32.93</i>	<i>00:34.00</i>	<i>00:33.41</i>	
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Coach feedback:

<b>Event number: 3: 200M BACKSTROKE MEN</b>				<b>Heat:5, starttime: 10:06</b>	
<b>Heat: 5/5 Lane : 3 Athlete: LAVDANITI ZHULIAN XHOI</b>				<b>Q-time: 02:06:24</b>	
PB (50m pool): 02:06.23 ANTWERPEN 23/04/2023			PB (25m pool): 02:02.57 SB: 02:13.71 Wezenberg 01/02/2026		
	<b>50 M</b>	<b>100 M</b>	<b>150 M</b>	<b>200 M</b>	
PB	no time	no time	no time	02:06.23	
	<i>no time</i>				
	.....	.....	.....	.....	

Coach feedback:

# FSC 2026: Session: 1: COACH evaluation sheet for TEAM: BRABO

<b>Event number: 5: 100M BREASTSTROKE MEN</b>		<b>Heat:2, starttime: 10:24</b>
<b>Heat: 2/9 Lane : 7 Athlete: ESHUIS THOM</b>		<b>Q-time: 01:12:96</b>
PB (50m pool): 01:12.96 Antwerpen 27/07/2025		PB (25m pool): 01:13.70 SB: 01:15.33 Wezenberg 01/02/2026
	<b>5 0 M</b>	<b>1 0 0 M</b>
PB	00:34.03	01:12.96
	<i>00:34.03</i>	<i>00:38.93</i>
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Coach feedback:

<b>Event number: 5: 100M BREASTSTROKE MEN</b>		<b>Heat:4, starttime: 10:27</b>
<b>Heat: 4/9 Lane : 7 Athlete: VERVLOET RUWEN</b>		<b>Q-time: 01:10:91</b>
PB (50m pool): 01:10.91 Zwembad Brigitte Becue 30/05/2025		PB (25m pool): 01:04.72 SB: no time
	<b>5 0 M</b>	<b>1 0 0 M</b>
PB	00:32.57	01:10.91
	<i>00:32.57</i>	<i>00:38.34</i>
	.....	.....

Coach feedback:

<b>Event number: 5: 100M BREASTSTROKE MEN</b>		<b>Heat:5, starttime: 10:29</b>
<b>Heat: 5/9 Lane : 4 Athlete: DE MEYER NIELS</b>		<b>Q-time: 01:08:62</b>
PB (50m pool): 01:08.16 ANTWERPEN 30/07/2023		PB (25m pool): 01:04.47 SB: 01:08.62 Wezenberg 01/02/2026
	<b>5 0 M</b>	<b>1 0 0 M</b>
PB	no time	01:08.16
	<i>no time</i>	
	.....	.....

Coach feedback:

<b>Event number: 5: 100M BREASTSTROKE MEN</b>		<b>Heat:5, starttime: 10:29</b>
<b>Heat: 5/9 Lane : 8 Athlete: DE BODT DAAN</b>		<b>Q-time: 01:09:37</b>
PB (50m pool): 01:09.37 Antwerpen 27/07/2025		PB (25m pool): 01:08.30 SB: no time
	<b>5 0 M</b>	<b>1 0 0 M</b>
PB	00:32.57	01:09.37
	<i>00:32.57</i>	<i>00:36.80</i>
	.....	.....

Coach feedback:

# FSC 2026: Session: 1: COACH evaluation sheet for TEAM: BRABO

<b>Event number: 5: 100M BREASTSTROKE MEN</b>		<b>Heat:7, starttime: 10:32</b>
<b>Heat: 7/9 Lane : 1 Athlete: METZEMAKERS NOA</b>		<b>Q-time: 01:06:52</b>
PB (50m pool): 01:06.52 Wezenberg 03/01/2026		PB (25m pool): 01:04.51 SB: 01:06.52 Wezenberg 03/01/2026
	<b>5 0 M</b>	<b>1 0 0 M</b>
PB	00:30.66	01:06.52
	<i>00:30.66</i>	<i>00:35.86</i>
	.....	.....

Coach feedback:

<b>Event number: 5: 100M BREASTSTROKE MEN</b>		<b>Heat:7, starttime: 10:32</b>
<b>Heat: 7/9 Lane : 2 Athlete: MENNEN RUBEN</b>		<b>Q-time: 01:05:56</b>
PB (50m pool): 01:05.56 Antwerpen 27/07/2025		PB (25m pool): 01:03.76 SB: no time
	<b>5 0 M</b>	<b>1 0 0 M</b>
PB	00:29.92	01:05.56
	<i>00:29.92</i>	<i>00:35.64</i>
	.....	.....

Coach feedback:

<b>Event number: 5: 100M BREASTSTROKE MEN</b>		<b>Heat:7, starttime: 10:32</b>
<b>Heat: 7/9 Lane : 8 Athlete: DESPALLIER DAAN</b>		<b>Q-time: 01:06:71</b>
PB (50m pool): 01:06.71 Antwerpen 27/07/2025		PB (25m pool): 01:04.10 SB: 01:07.89 Luxembourg 01/02/2026
	<b>5 0 M</b>	<b>1 0 0 M</b>
PB	00:31.82	01:06.71
	<i>00:31.82</i>	<i>00:34.89</i>
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Coach feedback:

<b>Event number: 6: 50M BREASTSTROKE WOMEN</b>		<b>Heat:1, starttime: 10:37</b>
<b>Heat: 1/6 Lane : 5 Athlete: MAEREVOET MARIE</b>		<b>Q-time: 00:37:39</b>
PB (50m pool): 00:35.01 ANTWERPEN 30/07/2023		PB (25m pool): 00:34.67 SB: 00:37.39 Wezenberg 03/01/2026
	<b>5 0 M</b>	
PB	00:35.01	
	<i>00:35.01</i>	
	.....	

Coach feedback:

# FSC 2026: Session: 1: COACH evaluation sheet for TEAM: BRABO

<b>Event number: 6: 50M BREASTSTROKE WOMEN</b>		<b>Heat:2, starttime: 10:39</b>
<b>Heat: 2/6 Lane : 3 Athlete: MOR IRIS</b>		<b>Q-time: 00:36:72</b>
PB (50m pool): 00:36.72 Wezenberg 01/02/2026		PB (25m pool): 00:35.75 SB: 00:36.72 Wezenberg 01/02/2026
	<b>5 0 M</b>	
PB	00:36.72	
	00:36.72	
	.....	

Coach feedback:

<b>Event number: 6: 50M BREASTSTROKE WOMEN</b>		<b>Heat:2, starttime: 10:39</b>
<b>Heat: 2/6 Lane : 6 Athlete: TALBOOM LIES</b>		<b>Q-time: 00:36:73</b>
PB (50m pool): 00:36.73 Zwembad Brigitte Becue 30/05/2025		PB (25m pool): 00:36.24 SB: 00:37.17 Wezenberg 03/01/2026
	<b>5 0 M</b>	
PB	00:36.73	
	00:36.73	
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Coach feedback:

<b>Event number: 6: 50M BREASTSTROKE WOMEN</b>		<b>Heat:3, starttime: 10:40</b>
<b>Heat: 3/6 Lane : 8 Athlete: STREEP FLO</b>		<b>Q-time: 00:36:46</b>
PB (50m pool): 00:36.46 Zwembad Brigitte Becue 30/05/2025		PB (25m pool): 00:35.47 SB: 00:36.64 Wezenberg 01/02/2026
	<b>5 0 M</b>	
PB	00:36.46	
	00:36.46	
	.....	

Coach feedback:

<b>Event number: 6: 50M BREASTSTROKE WOMEN</b>		<b>Heat:4, starttime: 10:41</b>
<b>Heat: 4/6 Lane : 6 Athlete: DHOOGHE KATIA</b>		<b>Q-time: 00:32:75</b>
PB (50m pool): 00:32.75 Antwerp 09/02/2025		PB (25m pool): 00:32.66 SB: 00:33.83 Luxembourg 01/02/2026
	<b>5 0 M</b>	
PB	00:32.75	
	00:32.75	
	.....	

Coach feedback:

# FSC 2026: Session: 1: COACH evaluation sheet for TEAM: BRABO

<b>Event number: 6: 50M BREASTSTROKE WOMEN</b>		<b>Heat:5, starttime: 10:42</b>
<b>Heat: 5/6 Lane : 7 Athlete: FATIH AYA</b>		<b>Q-time: 00:34:23</b>
PB (50m pool): 00:34.23 Antwerp 09/02/2025		PB (25m pool): 00:33.93 SB: 00:35.06 Wezenberg 03/01/2026
	<b>5 0 M</b>	
PB	00:34.23	
	00:34.23	
	.....	

Coach feedback:

<b>Event number: 6: 50M BREASTSTROKE WOMEN</b>		<b>Heat:6, starttime: 10:43</b>
<b>Heat: 6/6 Lane : 7 Athlete: LEPAGE AMÉLIE</b>		<b>Q-time: 00:34:04</b>
PB (50m pool): 00:33.34 Antwerpen 08/03/2026		PB (25m pool): 00:32.84 SB: 00:33.34 Antwerpen 08/03/2026
	<b>5 0 M</b>	
PB	00:33.34	
	00:33.34	
	.....	

Coach feedback:

<b>Event number: 7: 400M FREESTYLE MEN</b>		<b>Heat:2, starttime: 10:49</b>						
<b>Heat: 2/3 Lane : 2 Athlete: KINDT LEVI</b>		<b>Q-time: 04:03:26</b>						
PB (50m pool): no time		PB (25m pool): 03:58.07 SB: no time						
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	<b>2 5 0 M</b>	<b>3 0 0 M</b>	<b>3 5 0 M</b>	<b>4 0 0 M</b>
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 8: 200M FREESTYLE WOMEN</b>		<b>Heat:1, starttime: 10:59</b>						
<b>Heat: 1/5 Lane : 6 Athlete: TALBOOM LIES</b>		<b>Q-time: 02:14:89</b>						
PB (50m pool): 02:14.89 Antwerpen 27/07/2025		PB (25m pool): 02:16.01 SB: no time						
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>				
PB	00:30.96	01:04.74	01:39.98	02:14.89				
	00:30.96	00:33.78	00:35.24	00:34.91				
	.....	.....	.....	.....				

Coach feedback:

# FSC 2026: Session: 1: COACH evaluation sheet for TEAM: BRABO

<b>Event number: 8: 200M FREESTYLE WOMEN</b>				<b>Heat:2, starttime: 11:02</b>	
<b>Heat: 2/5 Lane : 2 Athlete: VAN DEN WYNGAERT ELIZABETH</b>				<b>Q-time: 02:11:71</b>	
PB (50m pool): 02:11.71 Antwerpen 20/04/2025			PB (25m pool): 02:06.11 SB: 02:13.52 Luxembourg 01/02/2026		
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	
PB	00:31.33	01:04.58	01:38.72	02:11.71	
	<i>00:31.33</i>	<i>00:33.25</i>	<i>00:34.14</i>	<i>00:32.99</i>	
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 8: 200M FREESTYLE WOMEN</b>				<b>Heat:4, starttime: 11:08</b>	
<b>Heat: 4/5 Lane : 3 Athlete: METZEMAKERS LéA</b>				<b>Q-time: 02:05:01</b>	
PB (50m pool): 02:05.01 Antwerpen 27/04/2025			PB (25m pool): 02:02.18 SB: 02:07.83 Luxembourg 01/02/2026		
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	
PB	00:29.09	01:00.74	01:32.54	02:05.01	
	<i>00:29.09</i>	<i>00:31.65</i>	<i>00:31.80</i>	<i>00:32.47</i>	
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 8: 200M FREESTYLE WOMEN</b>				<b>Heat:5, starttime: 11:10</b>	
<b>Heat: 5/5 Lane : 3 Athlete: RAVELINGIEN LANA</b>				<b>Q-time: 02:03:65</b>	
PB (50m pool): 02:01.83 ANTWERPEN 23/04/2023			PB (25m pool): 02:00.44 SB: 02:04.85 Wezenberg 01/02/2026		
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	
PB	no time	no time	no time	02:01.83	
	<i>no time</i>				
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 9: 50M FREESTYLE MEN</b>		<b>Heat:3, starttime: 11:15</b>			
<b>Heat: 3/12 Lane : 4 Athlete: MENNEN RUBEN</b>		<b>Q-time: 00:25:46</b>			
PB (50m pool): 00:25.46 Wezenberg 01/02/2026		PB (25m pool): 00:25.27 SB: 00:25.46 Wezenberg 01/02/2026			
	<b>5 0 M</b>				
PB	00:25.46				
	<i>00:25.46</i>				
	.....				

Coach feedback:

# FSC 2026: Session: 1: COACH evaluation sheet for TEAM: BRABO

<b>Event number: 9: 50M FREESTYLE MEN</b>		<b>Heat:3, starttime: 11:15</b>
<b>Heat: 3/12 Lane : 8 Athlete: RAVELINGIEN TIBE</b>		<b>Q-time: 00:25:60</b>
PB (50m pool): 00:25.60 Antwerpen 27/07/2025		PB (25m pool): 00:25.26 SB: no time
	<b>5 0 M</b>	
PB	00:25.60	
	00:25.60	
	.....	

Coach feedback:

<b>Event number: 9: 50M FREESTYLE MEN</b>		<b>Heat:4, starttime: 11:16</b>
<b>Heat: 4/12 Lane : 3 Athlete: OPDENBERGH MERLIJN</b>		<b>Q-time: 00:25:33</b>
PB (50m pool): 00:25.33 Antwerpen 27/07/2025		PB (25m pool): 00:25.24 SB: 00:25.40 Wezenberg 03/01/2026
	<b>5 0 M</b>	
PB	00:25.33	
	00:25.33	
	.....	

Coach feedback:

<b>Event number: 9: 50M FREESTYLE MEN</b>		<b>Heat:5, starttime: 11:17</b>
<b>Heat: 5/12 Lane : 8 Athlete: DE BODT DAAN</b>		<b>Q-time: 00:25:24</b>
PB (50m pool): 00:25.13 Antwerpen 28/07/2024		PB (25m pool): 00:24.86 SB: 00:26.03 Wezenberg 01/02/2026
	<b>5 0 M</b>	
PB	00:25.13	
	00:25.13	
	.....	

Coach feedback:

<b>Event number: 9: 50M FREESTYLE MEN</b>		<b>Heat:6, starttime: 11:18</b>
<b>Heat: 6/12 Lane : 3 Athlete: VOLDERS ARNE</b>		<b>Q-time: 00:24:99</b>
PB (50m pool): 00:24.73 Antwerpen 08/03/2026		PB (25m pool): 00:24.45 SB: 00:24.73 Antwerpen 08/03/2026
	<b>5 0 M</b>	
PB	00:24.73	
	00:24.73	
	.....	

Coach feedback:

# FSC 2026: Session: 1: COACH evaluation sheet for TEAM: BRABO

<b>Event number: 9: 50M FREESTYLE MEN</b>		<b>Heat:6, starttime: 11:18</b>
<b>Heat: 6/12 Lane : 4 Athlete: HEYRMAN TIGO</b>		<b>Q-time: 00:24:94</b>
PB (50m pool): 00:24.57 Antwerpen 28/07/2024		PB (25m pool): 00:23.92 SB: 00:24.94 Wezenberg 03/01/2026
	<b>5 0 M</b>	
PB	00:24.57	
	00:24.57	
	.....	

Coach feedback:

<b>Event number: 9: 50M FREESTYLE MEN</b>		<b>Heat:8, starttime: 11:20</b>
<b>Heat: 8/12 Lane : 4 Athlete: BRACKE ERNO</b>		<b>Q-time: 00:24:30</b>
PB (50m pool): 00:24.30 Antwerpen 27/07/2025		PB (25m pool): 00:23.42 SB: 00:24.68 Luxembourg 01/02/2026
	<b>5 0 M</b>	
PB	00:24.30	
	00:24.30	
	.....	

Coach feedback:

<b>Event number: 9: 50M FREESTYLE MEN</b>		<b>Heat:8, starttime: 11:20</b>
<b>Heat: 8/12 Lane : 8 Athlete: KINDT LEVI</b>		<b>Q-time: 00:24:60</b>
PB (50m pool): no time		PB (25m pool): 00:23.92 SB: no time
	<b>5 0 M</b>	
PB	no time	
	no time	
	.....	

Coach feedback:

<b>Event number: 9: 50M FREESTYLE MEN</b>		<b>Heat:9, starttime: 11:21</b>
<b>Heat: 9/12 Lane : 4 Athlete: VANHAMEL YONAS</b>		<b>Q-time: 00:24:13</b>
PB (50m pool): 00:24.13 Antwerpen 27/04/2025		PB (25m pool): 00:23.13 SB: 00:24.48 Wezenberg 01/02/2026
	<b>5 0 M</b>	
PB	00:24.13	
	00:24.13	
	.....	

Coach feedback:

# FSC 2026: Session: 1: COACH evaluation sheet for TEAM: BRABO

<b>Event number: 9: 50M FREESTYLE MEN</b>		<b>Heat:9, starttime: 11:21</b>
<b>Heat: 9/12 Lane : 5 Athlete: VERVLOET RUWEN</b>		<b>Q-time: 00:24:19</b>
PB (50m pool): 00:24.05 Antwerpen 12/02/2023		PB (25m pool): 00:23.72 SB: 00:25.00 Luxembourg 01/02/2026
	<b>5 0 M</b>	
PB	00:24.05	
	<i>00:24.05</i>	
	. . . . .	

Coach feedback:

<b>Event number: 9: 50M FREESTYLE MEN</b>		<b>Heat:9, starttime: 11:21</b>
<b>Heat: 9/12 Lane : 6 Athlete: LAVDANITI ZHULIAN XHOI</b>		<b>Q-time: 00:24:23</b>
PB (50m pool): 00:24.23 Wezenberg 01/02/2026		PB (25m pool): 00:23.53 SB: 00:24.23 Wezenberg 01/02/2026
	<b>5 0 M</b>	
PB	00:24.23	
	<i>00:24.23</i>	
	. . . . .	

Coach feedback:

<b>Event number: 9: 50M FREESTYLE MEN</b>		<b>Heat:11, starttime: 11:23</b>
<b>Heat: 11/12 Lane : 4 Athlete: VAN HOOYDONCK VINCENT</b>		<b>Q-time: 00:22:55</b>
PB (50m pool): 00:22.47 Luxembourg 01/02/2026		PB (25m pool): 00:21.90 SB: 00:22.47 Luxembourg 01/02/2026
	<b>5 0 M</b>	
PB	00:22.47	
	<i>00:22.47</i>	
	. . . . .	

Coach feedback:

<b>Event number: 9: 50M FREESTYLE MEN</b>		<b>Heat:11, starttime: 11:23</b>
<b>Heat: 11/12 Lane : 6 Athlete: LAMMENS SEPPE</b>		<b>Q-time: 00:23:42</b>
PB (50m pool): 00:23.42 Antwerp 09/02/2025		PB (25m pool): 00:22.56 SB: 00:23.51 Luxembourg 01/02/2026
	<b>5 0 M</b>	
PB	00:23.42	
	<i>00:23.42</i>	
	. . . . .	

Coach feedback:

# FSC 2026: Session: 1: COACH evaluation sheet for TEAM: BRABO

<b>Event number: 10: 50M BACKSTROKE WOMEN</b>		<b>Heat:1, starttime: 11:25</b>
<b>Heat: 1/7 Lane : 7 Athlete: KUZNETCOVA SVETLANA</b>		<b>Q-time: 00:33:53</b>
PB (50m pool): 00:32.88 Antwerp 21/01/2024		PB (25m pool): 00:31.97 SB: 00:33.53 Wezenberg 01/02/2026
	<b>5 0 M</b>	
PB	00:32.88	
	<i>00:32.88</i>	
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Coach feedback:

<b>Event number: 10: 50M BACKSTROKE WOMEN</b>		<b>Heat:2, starttime: 11:27</b>
<b>Heat: 2/7 Lane : 5 Athlete: BROECKAERT NOA</b>		<b>Q-time: 00:32:67</b>
PB (50m pool): 00:32.67 Antwerpen 27/07/2025		PB (25m pool): 00:31.61 SB: 00:33.70 Wezenberg 03/01/2026
	<b>5 0 M</b>	
PB	00:32.67	
	<i>00:32.67</i>	
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Coach feedback:

<b>Event number: 10: 50M BACKSTROKE WOMEN</b>		<b>Heat:6, starttime: 11:33</b>
<b>Heat: 6/7 Lane : 5 Athlete: BROECKAERT NOOR</b>		<b>Q-time: 00:29:52</b>
PB (50m pool): 00:29.52 Antwerpen 27/07/2025		PB (25m pool): 00:28.10 SB: 00:30.22 Wezenberg 01/02/2026
	<b>5 0 M</b>	
PB	00:29.52	
	<i>00:29.52</i>	
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Coach feedback:

<b>Event number: 10: 50M BACKSTROKE WOMEN</b>		<b>Heat:6, starttime: 11:33</b>
<b>Heat: 6/7 Lane : 8 Athlete: VAN LAARHOVEN ALESSIA</b>		<b>Q-time: 00:31:79</b>
PB (50m pool): 00:31.79 Antwerp 09/02/2025		PB (25m pool): 00:31.63 SB: 00:33.36 Wezenberg 03/01/2026
	<b>5 0 M</b>	
PB	00:31.79	
	<i>00:31.79</i>	
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Coach feedback:

# FSC 2026: Session: 1: COACH evaluation sheet for TEAM: BRABO

<b>Event number: 10: 50M BACKSTROKE WOMEN</b>		<b>Heat:7, starttime: 11:34</b>
<b>Heat: 7/7 Lane : 2 Athlete: HEIJL OLIVIA</b>		<b>Q-time: 00:30:63</b>
PB (50m pool): 00:30.90 Antwerpen 27/04/2025		PB (25m pool): 00:29.44 SB: 00:30.97 Wezenberg 01/02/2026
	<b>5 0 M</b>	
PB	00:30.90	
	00:30.90	
	. . . . .	

Coach feedback: